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MINISTRY OF AYUSH  
GOVERNMENT OF INDIA



Re-aligning the Focus on Health  
14th to 17th December 2018, Ahmedabad, India

**7TH INTERNATIONAL DELEGATES ASSEMBLY**  
14-16 DECEMBER 2018, AHMEDABAD, GUJARAT, INDIA



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## 7TH INTERNATIONAL DELEGATES ASSEMBLY

The World Ayurveda Congress, now in its eighth edition, marks yet another significant step in fortifying Ayurveda on a global platform. The focal theme of WAC 2018 dwells upon “Re-aligning the focus on Health” through a series of concerted efforts, wide spread awareness and outreach programmes and active involvement of international Ayurveda fraternity. The 7th International Delegates assembly, being held during

the 8th WAC at Ahmedabad highlights a pragmatic approach to Ayurveda in today’s world, while firmly retaining the core philosophies of the 5000 year old science of Ayurveda. The 7th IDA presents a worthy follow up to the previous editions – the 1st IDA held during the 2nd WAC at Pune and the subsequent IDAs held at Jaipur, Bengaluru, Bhopal, New Delhi and Kolkata. The World Ayurveda Foundation, organizers of the 8th World Ayurveda Congress with active support from the Ministry of AYUSH, Govt. of India welcome the participants and exhort Ayurveda enthusiasts to benefit from the recommendation of the 7th IDA.

## WORKSHOPS FOR AYURVEDA GLOBAL STUDENTS

### Sensing the seasons

How to be healthy by following certain changes in life style in accordance to season

### Quick heal

How to keep the body optimally performing in everyday life and easy solutions for quick healing of mind, body and soul

### Body – mind- spirit- social well being

Hands on training on well being

### Ayurveda Nutrition

Dietetics from Ayurveda, recipes in convalescence and high stress with seasonal prakrutik nutrition

## PROGRAM WITH A DIFFERENCE

- The 7th IDA envisages the essential step towards taking a quantum jump in engagement, as the stakeholders have already been familiarized with the World Ayurved Foundation (WAF), the World Ayurveda Congress (WAC) and the Ministry of AYUSH during the previous editions of the WAC and the respective IDA sessions.
- Paves the way for active engagement at the level of WAF for continued catalysis of Ayurveda footprint, globally.
- Creates opportunity for signing up of MoUs and Academic Chairs being on the anvil at the behest of Ministry of AYUSH, Government of India.
- The 7th IDA is appropriately timed, with the Prime Minister Office themselves being favorably inclined. Successful organization of International YOGA Day in last 3 years across the globe.
- 7th IDA highlights the first step for globally accredited Ayurveda education from the hands of CCIM and Min of AYUSH, Govt. of India.



‘Global Pledging for Ayurveda’ during the World Ayurveda Congress to promote Ayurveda worldwide.

## 7TH INTERNATIONAL DELEGATES ASSEMBLY

### TENTATIVE PROGRAMME

#### 14th December

15.00 – 16.00	Inauguration of IDA
16.00 – 16.30	Tea
16.30 – 18.00	Country reports
18.00 – 19.00	Meet and greet session (Diplomats of various countries, AYUSH officials, CCIM officials and Ayurveda schools from the world over)
19.00 – 21.00	Cultural program and Dinner

#### 15th December

15.00 – 6.30	Country reports
16.30 – 19.00	Showcasing Ayurveda Institutes
19.00 – 21.00	Dinner

#### 16th December

15.00 – 17.00	Hall 1 Workshop - Sense the season Hall 2 Workshop - Quick Heal
17.00 – 19.00	Hall 1 Mind-Body-Soul-Social Wellbeing Hall 2 Workshop - Ayurveda Nutrition
19.00 – 19.30	Ayurveda Pledge and Valedictory
19.30 – 21.00	Banquet hosted by Minister of AYUSH, Govt of India for IDA delegates



## RE-ALIGNING THE FOCUS ON HEALTH

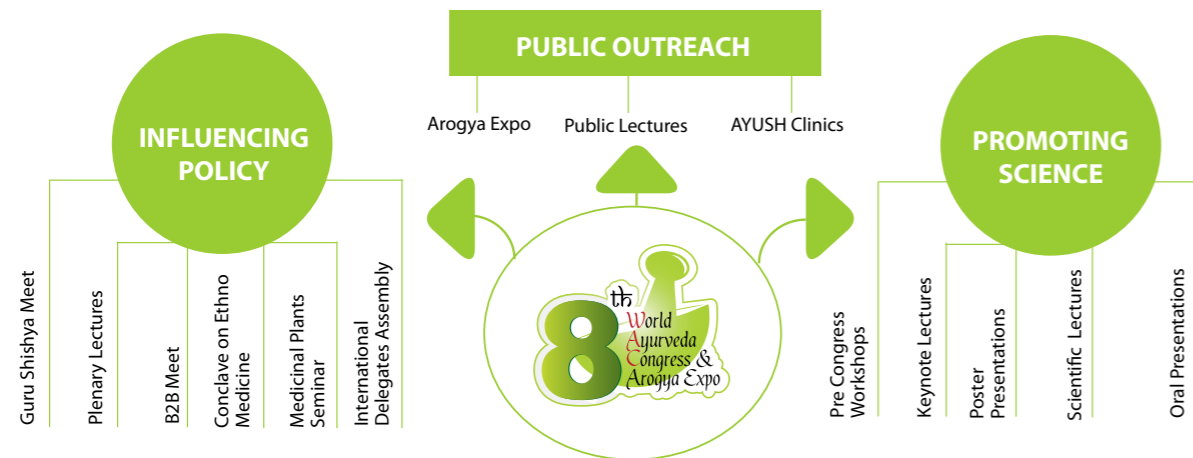
In Charak Samhita, the sage physician, Charak illuminate that the teaching of Ayurveda are designed to help us align with the rhythms of nature hour by hour, day after day, and from season to season. But, in recent decades, climate change has exponentially increased the unpredictability of our natural environment. How we sync up with what's happening in the out of doors when we are constantly surprised by what the weather brings? One of the most elegant aspects of the Ayurveda tradition is its incredible devotion to the individual while there are aspects of the Ayurveda lifestyle that are generally good for everyone.

Health as defined by World Health Organization (WHO), it is a 'state of complete physical mental and social wellbeing and not merely the absence of disease or infirmity'. In Ayurveda, perfect health is defined as 'a balance between body, mind, spirit, and social wellbeing'....Like all holistic health systems; Ayurveda emphasizes the unshakable connections between the body, mind and spirit. However Ayurveda's connectedness extends far beyond the individual, reaching in to the Universal."

At present majority of the factors that keep individuals and population healthy lie outside of what is now considered the core of healthcare. Even those that lie within its ambit mostly deal with sanitation, education, nutrition, and vaccination. These factors are majorly dependent upon others, such as infrastructure, skilled human resources, environment, water, economy, and social/political situations etc. none of which have any direct link to healthcare or knowledge of medicine, to be available in a community.

Whilst, it's the need of the hour to see the health science in order to rejuvenate the body, mind, sense-motor organs, soul and social wellbeing, so that we can flourish again and bestow greater good life. It is a humongous task. From the congregation of intelligent minds and timeless wisdom at the 8th World Ayurveda Congress, aims to redefine "healthcare" as the basis for health of individuals and populations, time has come to 'Re – Aligning the focus on health'.





Name of the Event	Date
Policy Makers Conclave*	14 Dec 2018
Teaching Methodology Workshop**	14-15 Dec 2018
Research Methodology Workshop**	14-15 Dec 2018
UG Students Orientation – Charak Uhan**	15-16 Dec 2018
NASYA Conclave*	17 Dec 2018
Practitioners Capacity Building Workshop**	16 Dec 2018
Buyer-Seller Meet*	15-16 Dec 2018
International Delegates' Assembly**	14-16 Dec 2018
Diplomats' Conclave*	14 Dec 2018
International Conclave on Ethno Medicine and Traditional Health Practices**	16-17 Dec 2018
Inter-disciplinary : Allied Sciences Conclave – Panchgavya*	15 Dec 2018
Gau-ayurved (Veterinary) Conclave*	16 Dec 2018
International Medicinal Plants Seminar*	15-16 Dec 2018
Workshop on Nutrition & Dietetics**	16 Dec 2018
Inter-disciplinary: Other Sciences Conclave*	17 Dec 2018
Friends of Ayurveda*	17 Dec 2018
Editors Conclave*	17 Dec 2018
Public Outreach Programs***	14-16 Dec 2018
Conclave - Associations of Ayurveda Medicine Manufacturers*	15-16 Dec 2018
Tadvidya Sambhasha/Cultural Program***	14-16 Dec 2018

## FEE STRUCTURE FOR DELEGATE REGISTRATION

Fee Structure for the Congress		Fee Structure for Workshops (Associated Events)			
Category	Delegate Fee (\$)	Topic	Date	Workshop Fee (\$)	
				Delegates	Others
IDA Delegates**	200*	Teaching Methodology Workshop	14-15 Dec	50	60
All late registrations (from 1st Sep to 30th Oct 2018)	250	Research Methodology Workshop	14-15 Dec	50	60
Spot Registration	300	UG Students Orientation – Charak Uhan	15-16 Dec	40	50
		Practitioners Capacity Building Workshop	16 Dec	40	50
		International Conclave on Ethno Medicine and Traditional Health Practices	16-17 Dec	50	60
		Workshop on Nutrition & Dietetics	16 Dec	30	40

\*Delegate fees on or before 30th August 2018  
\*\*Without Accommodation

Note:  
All delegate registrations are without accommodation.  
Accommodation can be booked online separately at [ayurworld.org](http://ayurworld.org) through service providers at negotiated rates.

The 8th World Ayurveda Congress invites research papers from the best of brains across the world, covering 14 themes.

Share your research findings in Ayurveda before a global audience Submit scientific abstracts/papers online at [www.ayurworld.org](http://www.ayurworld.org) Selected abstracts will be published in the PubMed indexed official journal of World Ayurveda Foundation, J-AIM

## CALL FOR PAPERS Themes and Coordinators

### 8th World Ayurveda Congress - Themes for Abstract Submission

- ▶ Dravyaguna Vigyana - Dr. Bhupesh Patel, IPGTRA, Jamnagar
- ▶ Rasa Shastra & Bhaisajya Kalpana - Dr. Galib, AIIA, New Delhi
- ▶ Prasuti & Stri Roga - Dr. Jasmine Ritesh Gujarathi, G.J. Patel Ayurveda College, VVN
- ▶ Kaumarbhritya – Bala Roga - Dr. Rajagopala S, AIIA, New Delhi
- ▶ Swasthavritta & Yoga - Dr. Satyanarayan Dornala, New Delhi
- ▶ Kayachikitsa - Dr. Mrityunjay Sharma, Nagpur
- ▶ Rasayan & Vajikaran - Dr. Mihir Vaja, SMACH, Gandhinagar
- ▶ Manovigyana avum Manas Roga - Dr. Prakash Mangalassery, AVS, Kotakkal
- ▶ Rog Nidan avum Vikriti Vigyan - Dr. Nirmal Alodariya, J.S. Ayurveda Mahavidhyalay, Nadiad
- ▶ Shalya–Kshar Karma avum Anushastra Karma - Dr. Foram Joshi, J.S. Ayurveda Mahavidhyalay
- ▶ Asthi Sandhi & Marmagat Roga - Dr. Mangesh Deshpande, Ayurveda Vyaspeeth, Navi Mumbai
- ▶ Netra Roga - Dr. Hemangi Shukla, Akhandanand Ayurved Mahavidhyalay, Ahmedabad
- ▶ Panchakarma - Dr. Ram Shukla, Akhandanand Ayurved Mahavidhyalay, Ahmedabad
- ▶ Agad Tantra avum Vidhi Vaidyaka - Dr. Krup Vasavada, J.S. Ayurveda Mahavidhyalay, Nadiad

## Plenary Sessions

Topic	Invited Lectures	Integrative Ayurveda in context of National Health Policy	Invited Papers	Diabetes and Ayurveda	Cardiovascular Diseases and Ayurveda	Cancer and Ayurveda	Invited Lectures
Date	14th Dec	15th Dec	15th Dec	16th Dec	16th Dec	17th Dec	17th Dec
Time	12:00 - 13:00	9:30- 12:00	12:00 - 13:00	9:30- 11:00	11:15- 13:00	9:30- 11:30	12:00 - 13:00

# 7TH INTERNATIONAL DELEGATES ASSEMBLY

## ► INTERNATIONAL COORDINATORS

Chair : Dr. G. Geetha Krishnan, WHO, Geneva

Conveners : Prof. Vd. Gunvant Yeola, Pune, India  
Vd. Preeti Chhabra, Delhi, India

Jt Convener : Dr Dammika Abeygunawardena, Srilanka

Coordinators : Vd. Sukumar Sardeshmukh, Pune, India  
Dr. V. L. Shyam, Dubai (UAE)  
Dr. Vidhu Sharma (Australia)  
Dr. Ketan Bhapkar, Mumbai, India



AN INITIATIVE OF VIJNANA BHARATI

### Reach us at

#### **WAC Secretariat**

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