



Integrative Ayurveda
for Global Health

10th-13th December 2026, Bhubaneswar, Odisha

Experiential Learning
through Ayurvedic
Therapeutic Practices

Organised by:
Department of Shalya
Tantra MGACHRC

PAIN MANAGEMENT THROUGH AYURVEDA

Experience a unique, skill-oriented learning platform designed to provide guided hands-on exposure to unique Ayurvedic therapeutic procedures.



1ST
OCTOBER
2026



Mahatma Gandhi Ayurved college
Hospital and Research Centre
Salod, Wardha, Maharashtra

5 SPECIALIZED HANDS-ON TRAINING STATIONS



RAKTAMOKSHANA —
Leech Therapy (Jalaukavacharana) & Wet Cupping Therapy

- Principles and clinical indications
- Safety measures and post-procedure care



AGNIKARMA

- Principles and therapeutic applications
- Indications and contraindications
- Practical demonstration



MARMA THERAPY

- Identification of important Marma points
- Practical techniques for pain relief



VIDDHAGNI / VIDHA KARMA

- Ayurvedic principles and clinical relevance
- Identification of therapeutic points
- Demonstration and practical application



PANCHAKARMA
Practical Exposure to Selected Panchakarma Procedures

- Demonstration of selected procedures
- Clinical applications in pain management

LEARN
PRACTICE
EXPERIENCE
APPLY

Enhance
your clinical
skills through
guided
experiential
learning and
explore the
practical
application
of classical
Ayurvedic
therapeutic
modalities.

FOR
REGISTRATION
& QUERIES:
Ph: 9766811974

WORKSHOP HIGHLIGHTS



Five
specialized
hands-on
workstations



Comprehensive
exposure to all
five modalities



Certificate of
participation



Expert-led
demonstrations
& practical
training



Practical
training
material and
workshop kit



Structured
station-wise
rotation



Academic
interaction
and clinical
discussion

WORKSHOP HIGHLIGHTS

Participants will be divided
into small groups and will
rotate through all five stations.

- Introduction
- Expert Demonstration
- Hands-On Practice

PANEL DISCUSSION



Interactive
Discussion



Small-group
interactive learning

WHO CAN PARTICIPATE?



Postgraduate
Ayurveda
students



Scholars
and
researchers



Ayurveda
practitioners



Faculty
members
and
clinicians



Professionals
interested
in Ayurvedic
therapeutic
techniques



Limited Registration*
First Come, First-served basis

Chairman : Dr Bharat Rathi, Principal MGACHRC Wardha
Secretary : Dr Sheetal, MS, PhD, fellow (Ayurveda Oncology),
Professor & Head, Department of Shalya Tantra



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