



Integrative Ayurveda
for Global Health
10th-13th December 2026
Bhubaneswar, Odisha, India



Pre-WAC Clinical Workshop

CLINICAL EXCELLENCE IN CERVICAL & LUMBAR SPINE DISORDERS

From Knowledge to Clinical Confidence

A highly practical, hands-on workshop to build real spine evaluation, imaging interpretation and integrative clinical decision-making skills for day-to-day OPD practice.

Observe → Examine → Localize → Interpret → Correlate → Integrate → Treat → Rehabilitate



1st
November
2026



Time:
10:00 AM –
4:00 PM



Venue:
Dr. D. Y. Patil
College,
Nerul



Lunch:
1:30 PM –
2:30 PM



Fees:
₹1,250/- per
participant



Limited Seats:
75 participants

HANDS-ON LEARNING ZONES



Clinical Reasoning

Symptoms
→ localization →
focused diagnosis



Examination Skills

SLR • Slump •
Spurling • Motor •
Sensory • Reflex



X-ray & MRI Intelligence

Read
• Interpret
• Correlate



Ayurvedic Clinical Integration

Nidana • Dosha-
Dushya •
Samprapti •
Avastha • Chikitsa



Treat & Rehabilitate

Stage-wise
management •
Rehabilitation •
Referral/red flags

Resource Person:

Dr. Mangesh P. Deshpande,
M.D. (Ayurveda) +
Team ORTHOVED

Facilitator:

Dr. Maheshkumar Harit,
Dean, Dr. D. Y. Patil School of
Ayurveda & Hospital, Nerul

Eligibility / Target Audience:

UG & PG Ayurveda students, PhD
scholars, practitioners and academicians

www.ayurworld.org



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Registration



PARTNERS



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